

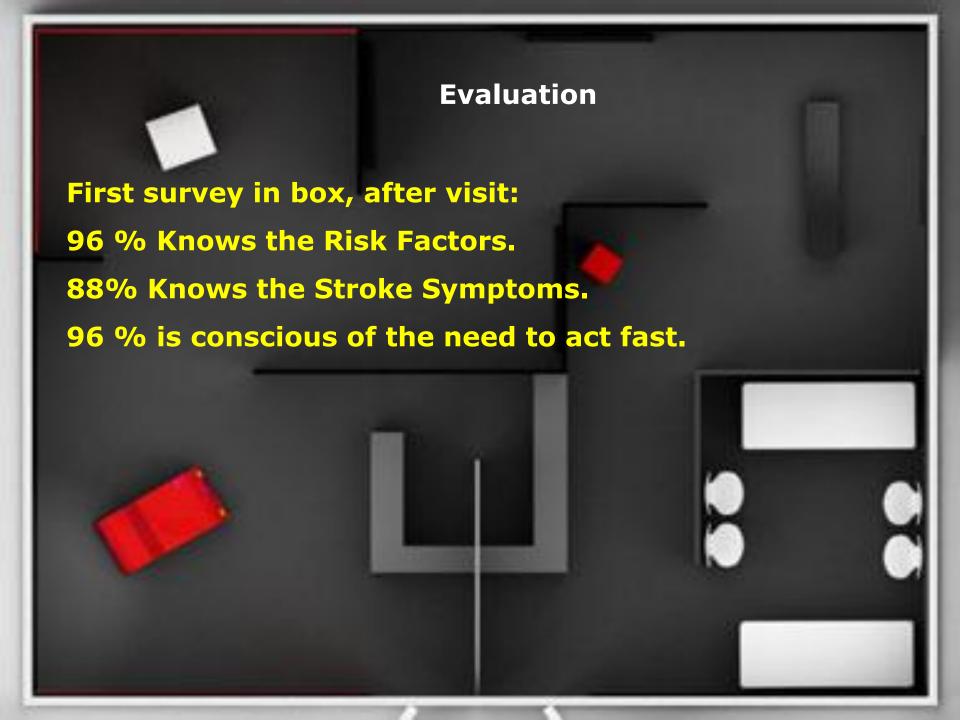


## **Our aims were:**

1.- To improve stroke Knowledge producing appropriate behaviors after simptoms onset and good manners about prevention starting from a wide population campaing

2.- To evaluate the campaing impact on pupulation after a medium time.







Second survey by phone six months after visit: 90 % Remember and Knows the Risk Factors.

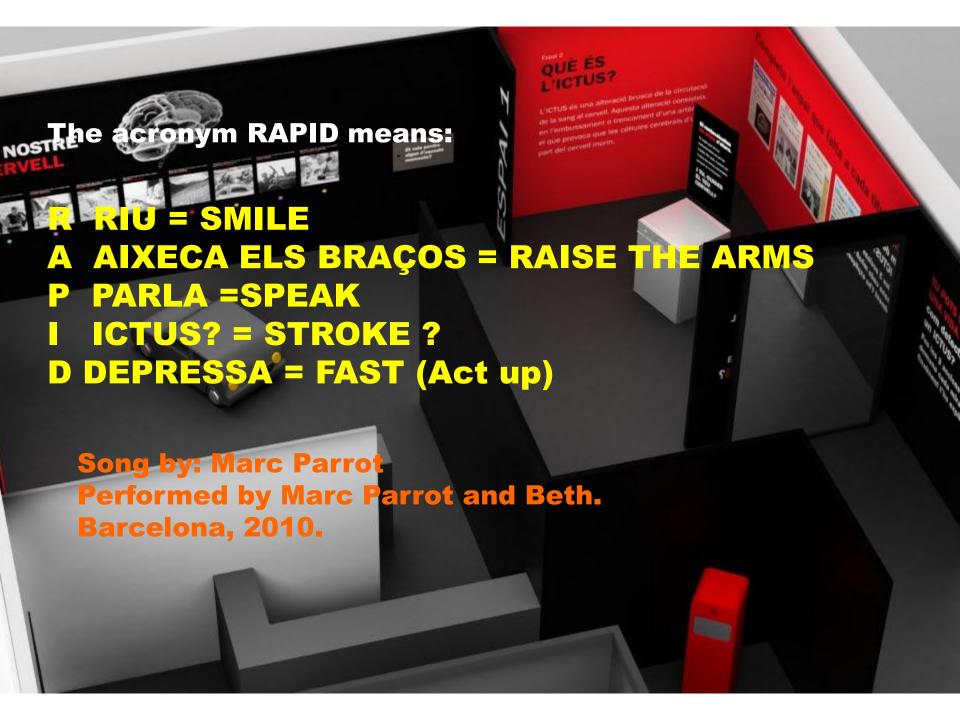
80% Remember and Knows the Stroke Symptoms.

99 % continues to be conscious of the need to act fast.

una

Com puc identif persona està patint RAPID...!

FAST...!



# "WHAT DO YOU HAVE IN YOUR HEAD?": INTERACTIVE CAMPAIGN FOR EDUCACIONAL AWARNESS

#### AIM

The poor population awareness about cerebrovascular disease did show strong association with delay seeking for help, in emergency room arrival, and consequently a following delay in hospital attention.

Our aims were: (1) improve stroke knowledge, producing appropriate behaviors after symptoms onset and good manners about prevention starting from a wide population campaign. (2) evaluate the campaign impact on population after a medium term.

## **METHODS**

After revising the last 10 years stroke campaigns literature, an educational health campaign was designed. We shaped it as a running exposition, mounted as a moving box.

The box interior has been divided in interactive spaces, to favor a better storing of information. In those spaces a visitor is able to learn what a stroke is, how to recognize the more relevant stroke symptoms and how to act fast. Visitors are "trained" on the more relevant risk factors and how to deal with a stroke. The visitor was accompanied by a trained supervisor all along the tour to answer ay possible doubt.

We evaluated the campaign impact using an electronic form administered at box exit and we reevaluated telephonically using a predefined interview.

### **RESULTS**

Two expositions have been made. Ten days in Barcelona and 6 in Palma de Mallorca. Visitors number: 4875; On site interviews: 1329 (27,3 %); The 96% were able to answer correctly about risk factors questions; the 88% was able to identify at least 1 symptom and the 96,2% was able to act after recognizing a stroke. The exposition usefulness was evaluated as a 9 on 10. At 6 months, 106 telephonic interviews were performed; 96% was able to say what a stroke is; 80% recognized at least 1 symptom, 90% knew the risk factors and the 99% knew how to act after recognizing a stroke.

#### CONCLUSIONS

The educative aims proposed were accomplished by the use of this interactive model, with a great participation of participants. What learned by interacting is still remembered by visitor 6 months after. More expositions are needed, to be able to improve the campaign impact y periodically diffuse the stroke awareness messages





